

SYDNEY AUSTRALIAN
ROWING
CHAMPIONSHIPS
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Aon

BULLETIN 1 – DECEMBER 2021

AUSTRALIAN
OPEN
ROWING
CHAMPIONSHIPS

KING'S &
QUEEN'S
CUPS INTERSTATE
REGATTA

AUSTRALIAN
OPEN
SCHOOLS
ROWING
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AUSTRALIAN ROWING CHAMPIONSHIPS

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COMPETITION INFORMATION

RULES OF RACING

The 2022 Australian Rowing Championships will be conducted in accordance with the Rowing Australia Rules of Racing and Related By-laws. The current version of the rules, including a summary of the changes, can be found on the Rowing Australia website. An update to these rules will be available in mid-December 2021.

SUMMARY OF RACING

A full summary of racing will be released with an indicative race schedule in December 2021. This will remain subject to change in the case of COVID-19 requirements impacting the schedule of racing.

AUSTRALIAN OPEN ROWING CHAMPIONSHIPS

The events listed below will be contested at the Australian Open Rowing Championships:

Under 17 Men (U17M)	1x	2x	4x+				
Under 17 Women (U17W)	1x	2x	4x+				
Under 19 Men (U19M)	1x	2x	2-	4x	4-	4+	8+
Under 19 Women (U19W)	1x	2x	2-	4x	4-	4+	8+
Under 21 Men (U21M)	1x	2x	2-	4x	4+		
Under 21 Women (U21W)	1x	2x	2-	4x	4+		
Under 21 Lightweight Men (U21LM)	1x						
Under 21 Lightweight Women (U21LW)	1x						
Under 23 Men (U23M)	1x	2x	2-	4x	4-	8+	
Under 23 Women (U23W)	1x	2x	2-	4x	4-	8+	
Under 23 Lightweight Men (U23LM)	1x	2x	2-	4-			
Under 23 Lightweight Women (U23LW)	1x	2x	2-	4x			
Open Men (OM)	1x	2x	2-	4x	4-	8+	
Open Women (OW)	1x	2x	2-	4x	4-	8+	
Open Lightweight Men (OLM)	1x	2x	2-	4x	4-	8+	
Open Lightweight Women (OLW)	1x	2x	4x				
Club Men (CM)	2x	4-	8+				
Club Women (CW)	2x	4-	8+				



The Para-Rowing events to be contested are:

Men's Para-Rowing 3 (PR3)	1x	Mix2x	2-	Mix4+
Women's Para-Rowing 3 (PR3)	1x		2-	
Men's Para-Rowing 2 (PR2)	1x	Mix2x		
Women's Para-Rowing 2 (PR2)	1x			
Men's Para-Rowing 1 (PR1)	1x	Mix2x		
Women's Para-Rowing 1 (PR1)	1x			

AUSTRALIAN OPEN SCHOOLS ROWING CHAMPIONSHIPS

The following events will be contested at the Australian Open Schools Rowing Championships:

Under 17 Schoolboy (U17SB)	8+			
Under 17 Schoolgirl (U17SG)	8+			
Schoolboy (SB)	1x	4x+	4+	8+
Schoolgirl (SG)	1x	4x+	4+	8+



THE KING'S AND QUEEN'S CUPS INTERSTATE REGATTA

The below events will be contested at the King's and Queen's Cups Interstate Regatta:

Men's	PR31x	1x	L4-	Youth 8+	8+
Women's	PR31x	1x	L4x	Youth 8+	8+



500M SPRINTS

The below events will be contested as 500m Sprints, with a significantly reduced seat fee of \$11 (incl. GST).

University Men's	4x	8+
University Women's	4x	8+
Schoolboy	4x+	8+
Schoolgirl	4x+	8+
Open Men's	4x	8+
Open Women's	4x	8+
Para Rowing (combined gender and classification)	1x	

Sprint events will be subject to an entry cap of 16 crews per event.

Sprint events will only run where a minimum of 3 entries (at the close of the withdrawal without penalty period) have been received.

If circumstances require racing to be rescheduled for championship events, sprint racing may be cancelled. If sprint racing needs to be cancelled, it will not be rescheduled or refunded.

ELIGIBILITY TO COMPETE

Entry into the 2022 Australian Open Rowing Championships and Australian Open Schools Rowing Championships is open to all competitors who are authorised to compete by their affiliated Member Association and who are eligible under the Rowing Australia Rules and By-laws of Racing.

A **School** competitor is one who qualifies as Under 21 (Youth) under the provisions of the RA rules and is attending a secondary school as a full-time day student. Entrants in the Australian Open Schools Rowing Championships must represent their school.

A **University** competitor is one who qualifies as a University Competitor according to the Australian University Sport Guidelines. For the avoidance of doubt, a competitor may represent their university in a university event even if they might otherwise be a competitive member of another club.

Overseas crews are welcome to compete in the Australian Open Rowing Championships (Subject to COVID-19 travel restrictions).

School crews from overseas may compete in the Australian Open Schools Rowing Championships.

A rower or coxswain's age shall be taken at 31 December 2022. As an example, a rower or coxswain shall be classified as an **Under 21 (Youth)** rower until 31 December of the year in which the rower reaches the age of 20.

For **para rowers** to be eligible to compete, athletes must be formally classified by a full RA or National Federation / World Rowing equivalent Classification Panel and be granted an eligible sport class, and sport class status. Athlete sport class and sport class status are usually published in the NF or World Rowing Classification Master lists. Athletes who do not have a national or international sport class status, or have been given a sport class status of ineligible, are not eligible to compete at the Australian Open Rowing Championships.

Classification assessments are not conducted at the ARC. Classification assessments for physical impairment are conducted prior to NSW Championships in February and anyone seeking classification and/or further detail should contact: **Gordon Marcks**, Head Coach Para-Rowing gmarcks@rowingaustralia.com.au

RACE FOR LANES

In Under 19 and School events that attract 8 entries or less, a non-compulsory race for lanes will be conducted.

In events used for selection purposes (U21 1x, U21 LW 1x, U21 2-, U23 1x, U23 LW 1x, U23 2x, U23 LW 2x, U23 2-, U23 LW 2-), a compulsory race for lanes will be conducted, where 8 entries or less are received.

In the remaining U17 (club), U21 and U23 and in Open and Para events, where 8 or less entries are received, competitors will proceed directly to a final.

CONDITIONS OF ENTRY

The following conditions of entry apply to all entrants:

- Competitors agree that they may be filmed and/or photographed during racing which may be published online.
- Competitors must be able to swim 50 metres and tread water unaided for 3 minutes.
- Competitors will be liable for any costs for ambulance transport required as a result of sickness/injury at the event.
- Competitors must have their emergency contact details listed in Rowing Manager, or these must be held by their team manager at the event.
- Competitors must complete the induction prior to collection of event accreditation.
- Competitors and Team Staff must comply with COVID-19 safety regulations.

The following conditions of entry apply to the Australian Open Schools Rowing Championships:

- School events are restricted to crews consisting of representatives from one school only.
- Rowers entered in school events must be a current student at a school affiliated with their member association. This includes school rowers who are also members of a club.
- No more than 64 entries will be accepted into any one event.
- No more than three (3) entries will be accepted from any one school in an individual event. Any entries over these amounts shall be placed on a waiting list; after the close of entries crews on the waiting list may be added as appropriate from the waiting list at the discretion of the regatta organisers.

The following conditions of entry apply to the Australian Open Rowing Championships:

- Club events are restricted to crews, including coxswains consisting of representatives of one club or school only.
- Athletes, including coxswains, entering in Club events must not have been a member of a National Senior A or Under 23 team in the previous year, and must not be nominated for national team selection in a Senior A or Under 23 crew as at the 31 January 2022.
- No more than 64 entries will be accepted into any one event
- No more than four entries will be accepted from any one club/school in an individual event. Any entries over these amounts shall be placed on a waiting list; after the close of entries crews on the waiting list may be added as appropriate from the waiting list at the discretion of the regatta organisers.

The following conditions of entry apply to the King's & Queen's Cups Interstate Regatta:

- Interstate events shall be open to competitors who are citizens of Australia or who have been a resident in the State or Territory of Australia for which they intend to compete for a continuous period of not less than 12 months prior to the close of entries. Athletes must compete for their state of origin unless an interstate transfer has been completed in accordance with the RA Rules. Each State Association is entitled to enter one crew into each Interstate event.
- State Associations wishing to lodge Interstate transfer requests must do so by 7 February 2022. Please email aevans@rowingaustralia.com.au to lodge requests.

COXSWAINS

The minimum weight for a coxswain (wearing racing uniform) is 55kg for all coxswains. The weighing scales shall indicate the weight of the coxswain to 0.1 kg.

Coxswains must be weighed wearing racing uniform not less than one hour and not more than two hours before their first race in which they are competing on each day of the regatta. Where two regattas are conducted at the same venue on the same day (for example the Australian Open Rowing Championships and King's and Queen's Cups Interstate Regatta), a coxswain who has weighed for the first race is not required to weigh for the second race if at the first race they weighed in at the required weight.

ATHLETE TEST SCALES

Test weighing scales for coxswains and lightweight rowers will be available from 9:00am AEDT on Saturday 26 March in Boatshed 3.

BOAT WEIGHING

It is the responsibility of the crew to ensure that their boat is on weight in accordance with the Rowing Australia Rules of Racing. Random checks of boat weight will be carried out at any time during competition. Scales will be available from 9:00am AEDT on Saturday 26 March in Boatshed 2 for big boats, and the lake end of Boatshed 3 for small boats.

ANTI-DOPING

Information and RA's Anti-doping Policy can be found here: [Sport Integrity Australia Update](#)

Sport Integrity Australia (SIA) is likely to conduct drug testing at the 2022 Australian Rowing Championships. It is the responsibility of each competitor to know and understand their responsibility regarding Anti-Doping. Competitors and coaches are urged to take note of the current SIA regulations in respect of banned substances for therapeutic use and act accordingly in achieving exemptions as required – [Check your substances](#)

Finally, SIA have updated their online education platform for anti-doping. We strongly encourage coaches, athletes, parents and support staff to undertake the online courses available. They can be found here – [Education](#)

ENTRIES

AUSTRALIAN OPEN & AUSTRALIAN OPEN SCHOOLS ROWING CHAMPIONSHIPS

The cost to enter the Australian Open and Australian Open Schools Championships is \$55.00 (incl. GST) per seat (including coxswain).

The cost to enter the 500m Sprint events is \$11.00 (incl. GST) per seat.

All entries for the Australian Open, Australian Open Schools Rowing Championships and Interstate Regatta must be made through Rowing Manager www.rowingmanager.com

All Australian clubs have access to Rowing Manager for entry purposes, International entrants should contact Alice Evans regatta.entries@rowingaustralia.com.au

INTERSTATE REGATTA

Entry into the Interstate Regatta is free to State and Territory Associations.

KEY DATES

Entries Open: 1:00pm AEDT Monday 10 January 2022

Entries Close: 11:59pm AEDT Monday 14 March 2022

Withdrawals **without penalty:** up to 11:59pm AEDT Thursday 17 March 2022

Final entry payments must be received by 11.59pm AEDT Tuesday 22 March 2022. Any entry that has not been paid by this time may be excluded from the draw. Exclusion from the draw does NOT waive any financial liability.

Daylight Savings Time Ends: Daylight savings ends at 2am on Sunday 3 April meaning that clocks will be adjusted. Racing on Sunday 3 April will be conducted on AEST.

THE REGATTA COURSE AND TEAM SERVICES

TRAINING TIMES

The venue is officially open for training from 7:00am AEDT Saturday 26 and Sunday 27 March 2022.

- This is subject to change pending venue availability. Access to the venue prior to this date must be approved by Rowing Australia due to event preparations.
- Outgoing pontoons will be closed at 6:30pm with all crews to be off the water, including the back lake, by 7:00pm AEDT.

Training on the course during competition days shall be from 6.45am AEDT until 15 minutes prior to the first race of the day, and from approximately 15 minutes after completion of the last race of the day.

- Outgoing pontoons will be closed at 6:30pm AEDT with all crews to be off the water, including the back lake, by 7:00pm AEDT.
- On Sunday 3 April 2022, training on the course shall from 6.45am AEST until 15 minutes prior to the first race of the day. Noting Daylight Savings finishes at 2am of the morning of 3 April.
- The bike path shall be available for coaches on either side of the course outside of competition periods, Access to the northern bike path (Grandstand and island side) will be restricted to official access from 30 minutes before racing commences until 15 minutes after the last race.
- Access to the southern bike path, during competition, will only be via the Western end of the course (past the Finish).
- Helmets must be worn by all cyclists.

Training Bow numbers must be used by para crews when using para training lanes.

MEDICAL ARRANGEMENTS

The Athlete Medical Centre, including sports massage/physiotherapy and athlete first aid will be located at the western end of Boatshed 4.

The Regatta Doctor and emergency medical care for spectators and competitors during racing is located in the Dr Bill Webb Medical Centre located approximately 50m beyond the Finish Tower.

Rescue services will be active on the water throughout racing and official training sessions.

The nearest hospital is the Nepean Hospital approximately 6km from the course.

ATHLETE AND COACH ACCREDITATION

Accreditation (or valid tickets) will be required for entry to the venue from Monday 28 March 2022.

All entered athletes will receive event accreditation. Clubs and schools will receive Team Official/Staff accreditation (coaches, managers, physios, drivers, etc.) on a pro rata basis based on the number of athletes entered from the club/school in the regatta.

No accreditations will be given outside of these numbers. Any additional passes required for team staff should be purchased as General Admission tickets.

Collection of accreditations will only be permitted once ALL athletes and team staff have completed the online induction which will be available on the ARC Website in early March.

All Athlete and Team Staff accreditations will be available for collection from the Accreditation Office from 9:00am AEDT Sunday 27 March 2022. Team Staff accreditation will be given on the following basis:

Athletes Entered from Club/School	Team Staff Accreditations Given
1 to 5	1
6 to 10	2
11 to 15	3
16 to 20	4
21 to 25	5
26 to 30	6
31 to 40	7
41 to 50	8
51+	10

TEAM TENTS

Team tents can be booked online from Monday 10 January 2022 through the event website.

BOAT PARK AND TRAILERS

Trailer access to the Island will be confirmed in Bulletin 2, but will be available from Saturday 26 March 2022

- Trailers are not permitted to park along Old Castlereagh Road whilst waiting for the gates to open.
- Trailers will only be allowed access to the island if there is a sufficient number of people available to unload boats.
- Once unloaded, all trailers are to be parked in the SIRC P6 carpark.
- Trailers wishing to arrive between 7:00pm and 6:00am AEDT on any evening should contact aevans@rowingaustralia.com.au to make arrangements.

COVID-19

Rowing Australia are ensuring that we have COVID-19 Safe and Management Plans in place.

More information on these will be available early in 2022.

Rowing Australia remains committed to running the regatta in Sydney from 28 March, updates will be provided to the rowing community regularly via our corporate and event websites.

SPECTATOR SERVICES AND FACILITIES

TICKETING

- The 2022 Australian Rowing Championships is a ticketed event.
 - Spectator access to the event will be by ticketed admission only.
 - Ticket sales will open on the Monday 10 January 2022.
-

CAR PARKING

All spectator and competitor parking will be located on the southern side of the course. Car parking is free for all competitors and spectators.

FIRST AID

First Aid for spectators will be available and will be located in the Dr Bill Webb Medical Centre located approximately 50m beyond the Grandstand past the Finish Tower from Saturday 26 March.

CATERING

A variety of food and drink options will be located at the venue.

VISITORS AND SPECTATOR ACCOMMODATION

Whilst much of the accommodation is available in Sydney, Penrith and surrounding areas.

Destination NSW and the Penrith Valley Visitors Information Centre will happily provide further information.

DESTINATION NEW SOUTH WALES

www.visitnsw.com

www.sydney.com



PENRITH VALLEY VISITORS' INFORMATION CENTRE

Tel: +61 1300 736 836 | Website: www.penrithvalley.com.au

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CONTACT DETAILS AND MORE INFORMATION

Australian Rowing Championships

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